





SIOUX CITY COMMUNITY SCHOOL DISTRICT

February 2012

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <i>General Tso</i> chick stir fry fried rice Fresh mixed veggies/dip Bread & butter Applesauce Milk	2 BBQ pork/bun Ranch wedges Sliced pickles Fresh mixed fruit Milk	3 Grilled chicken/bun Tossed salad/dressing Strawberry physedibles Fresh orange slices Milk
6 Beef dippers/BBQ sauce Peas Biscuit/jelly Pears Milk	7 Southwest chicken flatbread Lettuce/salsa/sour cream Baby carrots/dip Sliced apples Milk	8 Chili/crackers Peaches Celery sticks/peanut butter Cinnamon roll Milk	9 Macaroni & cheese Peanut butter/jelly sandwich Tossed salad/dressing Grapes Trail mix Milk	10 Cheese bread sticks/marinara Tossed salad/dressing Pears Pudding Milk
13 <i>Big Daddy</i> cheese pizza Tossed salad/dressing Fruit cocktail Whole grain cheddar crax chips Milk	14  Pork chopette/cheese/bun Ranch fries Sliced pickles Pineapple tidbits Cookie Milk	15 Chicken noodle soup/crackers Fresh mixed fruit Assorted fresh veggies/dip Cinnamon roll Milk	16 Chicken nuggets/BBQ sauce Mashed potatoes & gravy Baby carrots/dip Mandarin oranges Milk	17 Oven roasted chicken Biscuit/jelly Corn Applesauce Milk
20 Cheeseburger/bun Peas Sliced pickles Cinnamon sliced apples Milk	21 Spaghetti/meat sauce String cheese Corn Strawberries Milk	22 Fish tacos/flour tortilla Salsa/sour cream Lettuce/tomato/cheese Peaches Milk	23 Orange chick stir fry/fried rice Bread/butter Baby carrots/dip Banana Milk	Breakfast for Lunch 24 French toast/syrup Sausage links Fresh mixed fruit Cherry berry parfait Milk
27 Hot dog/bun Baked beans Pickle spear Chocolate Goldfish grahams Fruit cocktail Milk	28 Chicken strips/BBQ sauce Mashed potatoes/gravy Baby carrots/dip Fresh pineapple Bread & butter Milk	29 Taco hot pocket Tossed salad/dressing Sliced apples Raisins Milk	 TEAM NUTRITION IOWA*	 Sioux City Community Schools believe... achieve... succeed

Menu subject to change without notice

